

Starting in FY2026, the testing site will change!

- Testing is anonymous and free; an appointment is required.
- To verify that you are not infected (i.e., test negative), you should wait at least 60 days after the possible exposure (90 days for same-day testing) before taking the test. However, if you are worried about infection, you can still get tested or seek advice within 60 or 90 days.
- **The results will be communicated verbally to you one week later**
 Note: For same-day testing, the results will be provided that day. However, if the results cannot clearly confirm a negative diagnosis, additional verification testing will be performed. It will then take approximately one week to deliver the results.
- Note: The test results cannot be communicated by phone, photographed, or issued as certificates.
- In addition to HIV, tests for syphilis, chlamydia and hepatitis B virus are available. Note: Same-day testing is available for HIV and syphilis only.
 - Tests cannot be conducted solely for syphilis, chlamydia or hepatitis B virus
 - Tests to confirm recovery cannot be conducted if you have already been treated for syphilis or chlamydia

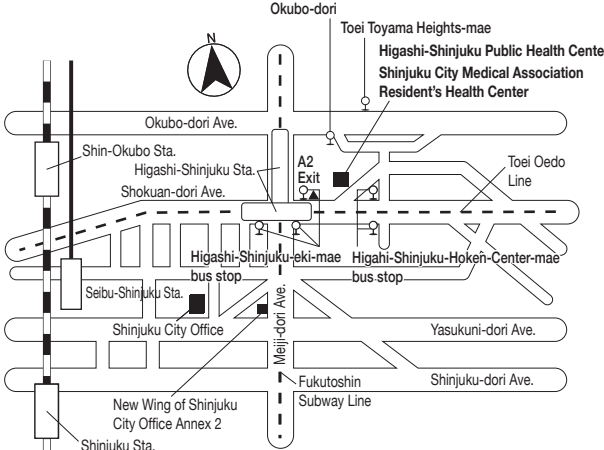
Regular Testing Schedule	Reception hours: 2:30 to 4 p.m.					
	Month	Testing Day	Results Day	Month	Testing Day	Results Day
	April 2026	2	9	September	4	11
		23	30		24	Oct. 1
	May	7	14	October	23	30
		22	29	November	26	Dec. 3
		28	Jun. 4	December	4	11
	June	25	Jul. 2	January 2027	7	14
	July	3	10		28	Feb. 4
		23	30	February	26	Mar. 5
August	6	13	March	4	11	
	27	Sep. 3				

Test Name	Month	Testing Day	Results Day	Time
Testing for Men	June	11	18	6 to 7 p.m.
Testing for Women	October	8	15	
Night Testing	November	12	19	
Testing for Men	December	17	24	
Night Testing	February/2027	18	25	

Note: Please select the gender you identify with in your daily life. If you have any questions, please contact us.

Same-Day Testing Schedule	Testing on Wednesdays listed below. Reception hours: 2:30 to 4 p.m. Note: In Japanese only.					
	Month	Testing Day	Results Day	Month	Testing Day	Results Day
	June/2026	24	Usually on the same day	January/2027	27	Usually on the same day

Note: If the results cannot be confirmed on the same day, they will be provided on the regular testing result date.

Testing Venue		<p style="color: red; font-weight: bold; margin: 0;">Higashi-Shinjuku Public Health Center, 2F (7-26-4 Shinjuku, Shinjuku City)</p> <p style="margin: 0;">Reservations/Inquiries: Public Health Promotion and Disease Prevention Division, Shinjuku City Public Health Center</p> <ul style="list-style-type: none"> ➢ Tel: 03-5273-3859 ➢ Monday to Friday, 9 a.m. to 5 p.m. (excluding Saturdays, Sundays, public holidays and Shinjuku City office closure days) <p style="margin: 0;">Reservations can be made from one month before each testing date (or if that date falls on a Saturday, Sunday, public holiday or Shinjuku City office closure day, from the next day the office is open).</p>
----------------------	---	--