



Also available via
the Internet!



A PR bulletin produced especially for the foreign residents of Shinjuku City **SHINJUKU NEWS**

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No. **74**



SNS



Enrich your Life!

Digital Services from Shinjuku City

Making payments via
my smartphone would
be really convenient.

Handling procedures
from home would be
great.

It'd help if the
procedures were simpler.

Gathering information
from the web would be
much easier.

There are so many
things I'm unsure
about when it comes to
sorting garbage.

Shinjuku City offers a variety of online services that make everyday life more convenient. In this issue, we'll introduce some that you can use easily via a smartphone or computer. Please try them out!

Shinjuku News is available at various public facilities, including the Shinjuku City Office, Shinjuku Multicultural Plaza, Branch Offices and libraries. The next issue of *Shinjuku News* will be published in March 2025.

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Convenient digital services

Three benefits

1 Available 24 hours a day, and easy



Electronic application service



Scan code to learn more.

This service allows you to complete some Shinjuku City procedures online from your home or workplace.

Main services available

Requesting copies of residence record and other documents

Moving procedures

Name and address change notifications



Some procedures require your individual number (My Number) card. Since the steps necessary may vary depending on the service, please check the Shinjuku City website for details first.



Cashless payments via smartphone or PC



Scan code to learn more.

About Mobile Regi and electronic money



Scan code to learn more.

About Pay-easy

You can easily pay your resident's tax and light motor vehicle tax via your smartphone or computer.

Mobile Regi

Scan the barcode on payment slips with your smartphone to pay via online banking or credit card.

Electronic money

Scan the barcode on payment slips with your smartphone to pay using electronic money from your charge balance.

Pay-easy

Enter the number listed on a Pay-easy-compatible payment slip via online banking or at an ATM to pay.



Please note that a service fee applies when paying via credit card.

When you have problems, please visit the Shinjuku City Office

If you have any problems or difficulties in your daily life, please visit the Shinjuku City Office, including video interpretation via tablet devices, as well as the Foreign Resident Advisory Corner.



TV Interpreter System

Seventeen languages supported



When you interact with staff at the counter, an interpreter will assist you during the video call. If you need interpreting for any procedures or consultations at the Shinjuku City Office, please feel free to ask the staff.



Foreign Resident Advisory Corner

If you have any problems or questions in your daily life, please feel free to contact us. Consultants are ready to provide attentive and thoughtful support in various languages.

Free consultations



Scan code to learn more.

to apply for!

2 Simple, hassle-free smartphone procedure!

3 Full of useful information for your daily life!



Safety tips

Safety tips is a smartphone app that provides useful information when a disaster such as an earthquake or typhoon occurs. That includes emergency earthquake alerts, evacuation information, and how to respond during a disaster. In addition to disaster preparedness hints, it offers various features useful for daily life, such as medical facility searches and traffic information.



App Store



Google Play Store

Fifteen languages supported



Shinjuku City disaster prevention and weather information email

This service supplies vital information such as earthquake and weather warnings, and critical updates during disasters via email.



Scan code to learn more.



Garbage and Recyclable Resource Sorting App 3R (Three R)

You need to follow garbage disposal sorting rules carefully. Failure to do so may result in your garbage not being collected or issues with neighbors. With this app, you can easily confirm the collection days and sorting rules for your area. Make full use of this app to ensure that you sort everything correctly.

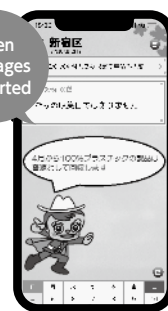


App Store



Google Play Store

Seven languages supported



Everyday Living Website for Foreign Residents

Shinjuku City issues important announcements and event information three times a month (on the 5th, 15th and 25th).



Scan code to learn more.



SNS

We provide useful information for daily life, community rules and disaster updates through Facebook, X (formerly Twitter), LINE and Weibo.



Scan code to learn more.

ase visit the Shinjuku City Office. We offer multilingual support, the Foreign Resident Advisory Corner.



Shinjuku Multicultural Plaza

You can tell us about your concerns, questions and worries in the Foreign Resident Consultation Corner. We also provide books and materials to help you learn Japanese.



Scan code to learn more.

Column

Strengthen community connections through town councils and community groups

Town councils and community groups organize various activities such as festivals, crime prevention patrols, disaster preparedness drills and cleaning efforts, all aimed at bringing local residents together to create a safer, more livable community. If you're a foreign resident of Shinjuku City, why not join a town council or community group as a member of the local community?



Pamphlets available at the Shinjuku City Office Main Building

Be Prepared for Disasters and Other Emergencies

We never know when a disaster or other emergency might occur. For this reason, you should be prepared just in case. In this issue, we'll describe ways to prepare for disaster and other emergencies.

If you have any questions, please feel free to call your local fire department as follows (in Japanese only):

Yotsuya Fire Station
Tel: 03-3357-0119

Ushigome Fire Station
Tel: 03-3267-0119

Shinjuku Fire Station
Tel: 03-3371-0119

Shinjuku City Comprehensive Disaster Preparedness Training

Date November 9 (Sat.)

Time 9:45 a.m. to noon

Location Yotsuya Junior High School

Other Information Shinjuku City, companies and other organizations will set up booths. Participating companies will also distribute gifts. Note: The number of gifts will be limited.



Emergency toilets (left) and rice porridge (right) will be provided as gifts

Emergency Calls 119 & 110

In Case of Fire	Call 119	A firetruck will come. The vehicle is red.
In Need of an Ambulance (illness or injury)	Call 119	An ambulance will come. The vehicle is white.
Calling the Police	Call 110	A police car (police) will come.

What you are asked when you call 119

- Fire or ambulance?
- In case of illness or injury: "ambulance".
- Tell us the address of where you are.
- What do you see nearby?
- What happened?
- Tell us your name.

You can use your native tongue.

- You can speak with an interpreter.
 - Do not hang up the phone. Stand by.
- English, Mandarin Chinese, Korean, Portuguese, and Spanish are available 24 hours a day. Other languages are available occasionally.



Fire

If you witness a fire, tell people around you immediately. Then call 119.



When there is a fire extinguisher nearby, use it to put out the fire. If the flames reach the ceiling, stop and flee the scene.

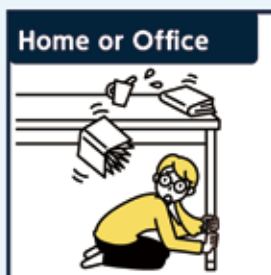
How to Use a Fire Extinguisher

- 1 Pin: Pull the safety pin.
- 2 Nozzle: Point the nozzle toward the base of the fire.
- 3 Lever: Squeeze the lever.

● Point the nozzle toward a burning object, not the blaze. Stand 3 to 5m from the flames.

Earthquake

In the event of an earthquake, protect your head and body. And, stay in a safe place.



Furniture may fall over, or things may fall. Protect your head and body by getting under a table or covering yourself with a cushion.



Do not rush outside. Things might fall.



Window glass, signboards, etc. may fall. Protect your head with a bag or clothing.