



Shinjuku News

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Website <http://www.foreign.city.shinjuku.lg.jp/en/>

Visit the Redesigned Shinjuku City Website for Foreign Residents

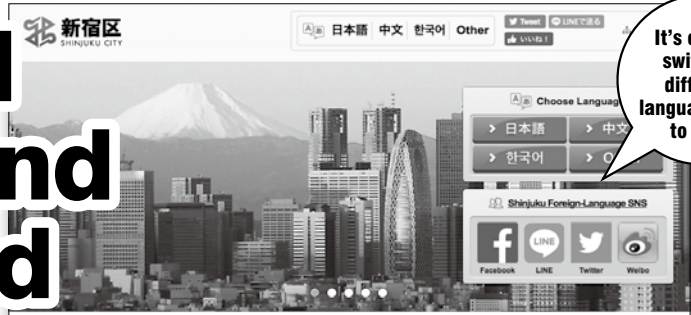
Easier to Find Information and Easier to Read

Shinjuku City has redesigned the Information on Everyday Living for Foreign Residents website to make it easier for everyone to use and the information it presents easier to understand.

The website is updated three times per month (on the 5th, 15th and 25th), and offers information on Shinjuku City's most attractive qualities as well as information on everyday living and emergencies, all in four languages—Japanese, English, Chinese and Korean. The site can also be viewed via smartphone. Please take advantage of this service!

URL

Japanese	http://www.foreign.city.shinjuku.lg.jp/jp/
English	http://www.foreign.city.shinjuku.lg.jp/en/
Chinese	http://www.foreign.city.shinjuku.lg.jp/cn/
Korean	http://www.foreign.city.shinjuku.lg.jp/kr/



It's easy to switch to different languages and to SNS!



Click here for various types of consultation services



It's even easy to read on a smartphone!



Foreign Language SNS New Official Shinjuku City Weibo Account Opens

Shinjuku City has established an official Weibo account to present information on city administration and city events as well as disaster-related news to those who read Chinese. (The information is written in Chinese only.)

Account name: 新宿新闻 URL <http://weibo.com/ShinjukuNews>

In addition to Weibo, Shinjuku City posts information through Facebook, Twitter and LINE@! Please register with us!

Japanese	http://www.foreign.city.shinjuku.lg.jp/jp/sns/sns_1/
English	http://www.foreign.city.shinjuku.lg.jp/en/sns/sns_1/
Chinese	http://www.foreign.city.shinjuku.lg.jp/cn/sns/sns_1/
Korean	http://www.foreign.city.shinjuku.lg.jp/kr/sns/sns_1/



What is Weibo?
Weibo is known as the "Twitter of China." As of October 1, 2017, approximately 700 million people use this social networking service (SNS), including many local governments, businesses and celebrities both in China and around the world.

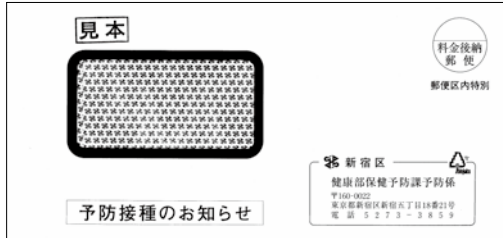
Inquiries: Multicultural Society Promotion Division, Tel: 03-5273-3504



Influenza Immunizations

(available from October 1, 2017 through January 31, 2018)

Undergoing immunizations is effective at preventing the spread of contagious diseases and alleviating symptoms if you are infected. Please get vaccinated at a medical institution Shinjuku City has approved, and be sure to take along the preliminary checkup sheet the Shinjuku City Office has sent you. If you do not have this sheet, please contact the Public Health Promotion and Disease Prevention Division. If you do not understand the materials delivered to your home, please visit the Foreign Resident Advisory Corner (Shinjuku City Office Main Bldg. 1F).
Inquiries: Disease Prevention Section, Public Health Promotion and Disease Prevention Division (Shinjuku City Office New Wing of Annex 2, 1F), Tel: 03-5273-3859 (in Japanese)



▲ The preliminary checkup sheet is enclosed in this envelope. You can see the preliminary checkup sheet on this website page:



http://www.foreign.city.shinjuku.lg.jp/en/kenko/kenko_36/



	Children's Influenza Immunizations	General Influenza Immunizations	Elderly Influenza Immunizations
Eligibility	Shinjuku City residents between one and twelve years of age as of October 1, 2017 Note: If you have a child between six and eleven months of age and would like him/her to be immunized, please call us.	Shinjuku City residents between 13 and 64 years of age as of October 1, 2017, that belong to a household that receives public financial assistance for everyday living Note: An application must be filed first.	Shinjuku City residents who as of the date of immunization are either: (1) Aged 65 or older (2) Between 60 and 64 years of age who have a severe disability of the heart, kidneys, respiratory organs or immune system, and who wish to be immunized (about Level 1 in the <i>Handbook for the Physically Disabled</i>)
No. of Times	Twice	Once	Once
Personally-Borne Expense	¥1,700 per immunization Note: Free of charge for those who receive public financial assistance for everyday living	Free of charge	¥2,500 Note: Free of charge for residents aged 75 or older, and for those who receive public financial assistance for everyday living



Tests/Consultation for HIV, AIDS and Sexually Transmitted Infections (STIs)

Some STIs have no apparent symptoms, and they can be transmitted to the partner unknowingly. Since early detection and early treatment are crucial, it is wise to undergo consultation and tests if you are concerned. Shinjuku Public Health Center offers confidential consultations and tests free of charge.

■ HIV Consultation/Tests in Foreign Languages

Languages: English, Thai, Spanish and Portuguese

HIV/AIDS Telephone Consultation, Tel: 03-3369-7110

Consultation days and hours:

Thursdays, 1 to 5 p.m. (As a rule, Thai is available twice a month, only on the test days.)

HIV/STI Tests

Test program:

HIV or STI (syphilis, chlamydia and hepatitis B)

Note: If you are undergoing a test, please come directly to the test site during reception hours. No reservations are necessary.

Test days: As a rule, twice a month, on Thursdays

Note: You will be notified of the results one week after the test; please simply visit the test site.

Reception hours: 1:30 to 3 p.m.

Test site: Shinjuku Metropolitan Taxation Office 1F (7-5-8 Nishi-Shinjuku, Shinjuku-ku)

■ HIV Consultation/Tests in Japanese

HIV/AIDS Telephone Consultation, Tel: 03-5273-3862 (Health Consultation Section, Public Health Promotion and Disease Prevention Division)

Consultation days and hours: Monday through Friday, 9 a.m. to 5 p.m.

HIV/Sexually Transmitted Illnesses (STI) Tests

The test days and times, program and test site are the same as written at left.

Reservations: Please note that reservations are required for the HIV/STI tests in Japanese.

Tel: 03-5273-3859 (Disease Prevention Section, Public Health Promotion and Disease Prevention Division)



Websites

Japanese	http://www.foreign.city.shinjuku.lg.jp/jp/kenko/kenko_10/
English	http://www.foreign.city.shinjuku.lg.jp/en/kenko/kenko_10/
Chinese	http://www.foreign.city.shinjuku.lg.jp/cn/kenko/kenko_10/
Korean	http://www.foreign.city.shinjuku.lg.jp/kr/kenko/kenko_10/



Japanese



English



Chinese



Korean

Discover Shinjuku's Most Attractive Qualities

Fourth in the Series

Yodobashi Market

Did you know that Shinjuku City has a market where almost nine hundred tons of fruits and vegetables are sold every day? It's called Yodobashi Market, which is part of Tokyo's Metropolitan Central Wholesale Market. Fresh produce from all over Japan is delivered daily to this market and auctioned off all on the same day.

Photo by: Shinjuku Yodobashi Market Cooperative Public Relations Activity Committee

What Is an *Ichiba*?



An *ichiba* is a market where various products from across Japan and around the world—such as vegetables, fruits, flowers, meat and fish—are offered for sale and auctioned off to the highest bidder. Vegetables and fruits sold there are transported to retailers within the same day.



Are the Vegetables and Fruits Fresh?



The produce is kept at the proper temperature during transport to the market to preserve freshness. The market has refrigeration facilities, and its distribution facilities are organized with the freshness of the produce in mind. Since all vegetables and fruits stocked are transported to the retail outlets within the day, they are very fresh.



Are the Products Safe?



The market is organized to ensure that safe products are delivered. Produce delivered to an *ichiba* undergoes safety inspections at the production site before delivery. In addition, Tokyo Metropolitan Wholesale Market Sanitation Inspection Station inspectors make the rounds of the wholesale market and intermediate wholesalers, so you can rest assured of their quality.

Yodobashi Market Data (as of 2016)

Opened:	February 16, 1939
Merchandise:	Produce (vegetables and fruits)
Amount marketed:	872.7 tons per day (ranking third among metropolitan Tokyo's nine fruit and vegetable markets)
Area of land:	23,583 square meters (ranking eighth among metropolitan Tokyo's nine fruit and vegetable markets)
Amount traded per square meter:	37 kg per day (ranking first among metropolitan Tokyo's nine fruit and vegetable markets)

Yodobashi Market Festival 2017

The Yodobashi Market Festival marks its twenty-ninth year in 2017 on October 22 (Sun.) from 9 a.m. to noon. There is a lot of excitement at the festival, such as the spot sale of fresh vegetables and fruits as well as a mock auction. This is the only day of the year the general public is allowed to enter the market to shop. Don't miss the opportunity!

Unfortunately, even if you want to visit Yodobashi market, the general public is not typically allowed to participate in the auction or even enter to shop, but there are shops called *yaoya* (greengrocers) that sell the fresh vegetables and fruits sourced from the market. A professional rich in knowledge about vegetables and fruits runs your neighborhood *yaoya*. People who have an eye for choosing the highest-quality products are called *me-kiki* (connoisseurs) in Japanese. Let's go to the greengrocer to buy something delicious that the *me-kiki* selected.

POINT 1

Learn about Foods

Let's ask the people at the store about seasonal ingredients, including how to make them into something delicious and how to preserve them. Japan is long from north to south, and the locations where vegetables are produced change with each season. Going to various *yaoya* and asking what they recommend now is one way of enjoying the seasons.

POINT 2

Learn about Japan's Shopping Culture

The energetic greetings and friendly exchanges between people living in the neighborhood and shop owners are a source of community strength. Many people look forward to their daily shopping because of conversations at the *yaoya*. Please enjoy the experience of interacting with local merchants.

POINT 3

Treat Store Merchandise Carefully

Be careful about handling the merchandise and do not bruise or damage the products. If you would like to touch anything, please ask the people at the store first.

Natsume Soseki Memorial Museum

Honoring a Literary Master with Close Ties to Shinjuku That Span Generations



Natsume Soseki, a literary master of the Meiji and Taisho eras (1868–1926), was born in Kikui-cho in Shinjuku in 1867 as Natsume Kinnosuke. He left us with numerous masterpieces—such as *I Am a Cat*, *Botchan*, and *Kokoro*—and has fans even today.



Soseki lived for nine years in his later years in a house called “Soseki Sanbo” (Soseki’s Study) in Waseda-Minami-cho in Shinjuku. He wrote many of his representative works there, and a literary salon called Mokuyo-kai (Thursday Gathering) was also held at Soseki Sanbo. Shinjuku City built a memorial museum on the former site of Soseki Sanbo, and opened the museum on September 24 (Sun.). Please come visit the first official museum dedicated to Natsume Soseki!

Facility Description

- Location:** 7 Waseda-Minami-cho, Shinjuku-ku
- Closed:** (1) Mondays
(if Monday is a national holiday, the following non-holiday)
(2) During the year-end/New Year holidays
(December 29 through January 3)
- Admission:** Permanent exhibit, adults: ¥300; elementary and junior high school students: ¥100
Note: Half-price per person for groups of twenty persons or more.
- How to get there:** The museum is a ten-minute walk from Waseda Station on the Tozai Line, a fifteen-minute walk from Ushigome-Yanagicho Station on the Toei Oedo Line, and a two-minute walk from the Ushigome Hoken Center bus stop on Toei Bus Shiro (白) 61.
- Hours:** 10 a.m. to 6 p.m.
(Admission is open until 5:30 p.m.)
- Inquiries:** **Tel: 03-3205-0209** (in Japanese)
Fax: 03-3205-0211
- Website:** <http://soseki-museum.jp/>



Japanese/English

Floor Guide

- [2F]** Exhibit room
(Permanent exhibit and special exhibit)
- [1F]** Re-created Soseki Sanbo exhibit room
Introductory exhibit—“The Life and Character of Soseki”
Book café
Museum shop
- [B1F]** Lecture room
Library

Re-created Soseki Sanbo
(Veranda-type hallway)

For those who would like to read Soseki masterpieces in foreign languages:

Foreign editions are available at Shinjuku libraries. For more information, please visit the following website:
http://www.foreign.city.shinjuku.lg.jp/en/goraku/goraku_25/



English/Chinese/Korean

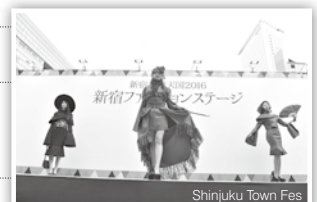


Calendar of Events



Upcoming Shinjuku City Events and Community Festivals

Date and Time	Event	Location
October 7 (Sat.) October 8 (Sun.)	Yotsuya Daisuki Festival 2017	Samon Park Shinanomachi parking lots 5 and 7
October 8 (Sun.)	The Ninth Takadanobaba Festival	Takadanobaba Station Plaza Waseda-dori Avenue (between Tokyo Sankyo Shinkin Bank's Main Office and Babaguchi Intersection) Big Box 1F concourse
October 9 (Mon., national holiday)	The thirty-sixth Okubo Festival	Okubo-dori Avenue (between Shin-Okubo Station guard and Meiji-dori Avenue) and surrounding area
October 9 (Mon., national holiday)	Hyakunincho Festival	Okubo-dori Avenue (between Otakibashi-dori Avenue and Meiji-dori Avenue) and Yodobashi Church plaza
October 14 (Sat.)	Shinjuku Town Fes 2017	Shinjuku Station area
October 14 (Sat.) through November 3 (Fri., national holiday)	Kagurazaka Machitobi Festa 2017	Throughout the Kagurazaka area
October 15 (Sun.)	Fureai Festa 2017	Toyama Park



Shinjuku Town Fes



Fureai Festa

Various other events are taking place in Shinjuku City. Please ask the Culture and Tourism Division for details (Tel: 03-5273-4069; in Japanese).