



From October
2015

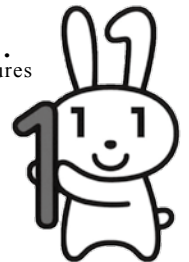
Concerning Individual Numbers

This refers to the twelve-digit number—known as “My Number”—assigned to each person with a residence record in Japan. Since your number is meant to be used for a lifetime, please be careful not to lose or forget it. The number remains the same even if you leave and re-enter Japan, renew your visa status of residence, or extend your period of stay. If you are a new arrival to Japan, you will be notified of your individual number after completing resident registration.

Individual numbers will be used for administrative procedures designated by national and local government laws in the areas of social security, taxes and disaster countermeasures.

Once the Use of Individual Number Starts . . .

. . . fewer attachments will be required for procedures completed at municipal office service counters, making application procedures more convenient. Detailed services, such as those related to social security and taxes, as well as for assistance during disasters, will also become fairer.



The individual number system mascot, Maina-chan

You Will Be Notified of Your Individual Number (“My Number”) at the Address in Your Residence Record

1 Notification Cards Will Be Mailed

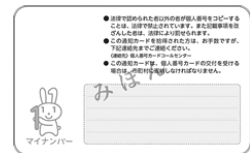
You will receive a card notifying you of your individual number. It will be sent by simple registered mail to the address in your residence record as of October 5, 2015.

Besides your notification card, there will be an application form for an individual number card (see 3 below) and a return envelope enclosed, as well as an explanation of individual number system.

If you are not at home at the time of delivery, the postman will leave an “attempted delivery” slip in your mailbox. Please either complete the procedures for redelivery or pick up your mail at the post office.



Notification card (front)



Notification card (back)

2 When You Receive Your Notification Card

- Once you receive your notification card, please keep it in a safe place. You can apply for a reissue if you lose it, but there will be a handling fee of ¥500. Delivery will also take some time.
- To change your address, you must write your new address on the notification card at the municipal office service counter, so please be sure to bring your notification card with you.
- The individual number system will begin in January 2016. When you are asked to give your individual number, please show your notification card along with your residence card or special permanent resident certificate, or some other form of ID, such as a driver’s license.

3 Obtaining an Individual Number Card

The individual number card is a plastic IC card with an ID photo that can be used as an official form of personal identification. In addition, electronic certificates that you can use for such procedures as e-Tax income tax reports (*kakutei shinkoku*) will appear on the card as a standard feature.



Individual number card (front)

If you would like one, please complete the application form enclosed with the notification card, attach an ID photo, and send them in the return envelope that accompanied your notification card. Individual number cards will be issued starting in January 2016 at municipal office service counters.



Individual number card (back)

Inquiries

→ Call Center (same number across Japan; a toll will be charged)

In Japanese	Tel: 0570-20-0178
In foreign languages (English, Chinese, Korean, Spanish and Portuguese)	Tel: 0570-20-0291

Hours: Monday through Friday, 9:30 a.m. to 5:30 p.m. (except on national holidays and during the year-end/New Year holidays)

→ Shinjuku City Office service counters (in Japanese)

Concerning the system	Planning and Policy Division (Shinjuku City Office, Main Bldg. 3F) Tel: 03-5273-3894, Fax: 03-5272-5500
Concerning mailing of notification cards and issuance of individual number cards	Coordination Section, Family and Resident Registration Division (Shinjuku City Office Main Bldg. 1F) Tel: 03-5273-4348, Fax: 03-3209-1728

Influenza Immunizations (available from October 1, 2015 through January 31, 2016)

Undergoing immunizations before an illness becomes an epidemic is effective at preventing infection or the illness from becoming serious. Please take the preliminary checkup sheet Shinjuku City sent you and undergo immunizations at one of the medical institutions designated by the city. Please call the Public Health Promotion and Disease Prevention Division if you have not received a preliminary checkup sheet.

Since the unit price of the vaccine has increased as of this fiscal year, the amount you pay has also gone up.



	Children's Influenza Immunizations (Up to twelve years of age)	General Influenza Immunizations (between 13 and 64 years of age)	Elderly Influenza Immunizations (65 years of age or older)
Eligibility	Shinjuku City residents between one and twelve years of age as of October 1, 2015 Note: If you have a child between six and eleven months of age and would like him/her to be immunized, please call the number below. A preliminary checkup sheet will be mailed to you.	Shinjuku City residents between 13 and 64 years of age as of October 1, 2015, that belong to a household that receives public financial assistance for everyday living Note: An application must be filed first.	Shinjuku City residents who as of the date of immunization are either: (1) Aged 65 or older (2) Between 60 and 64 years of age who have a severe disability of the heart, kidneys, respiratory organs or immune system, and who wish to be immunized (about Level 1 in the <i>Handbook for the Physically Disabled</i>)
No. of Times	Twice	Once	Once
Personally-Borne Expense	¥1,700 Note: Free of charge for those who receive public financial assistance for everyday living	Free of charge	¥2,500 Note: Free of charge for residents aged 75 or older, and for those who receive public financial assistance for everyday living

Inquiries: Disease Prevention Section, Public Health Promotion and Disease Prevention Division (New Wing of Annex 2, 1F), Tel: 03-5273-3859 (in Japanese)

Children's Immunizations



It is a good idea to check the state of your child's health periodically, and to have your child receive immunizations to develop resistance to diseases before he or she begins to participate in group activities. For more information on the cost, age requirements and application procedures for immunizations, please call the Disease Prevention Section of the Public Health Promotion and Disease Prevention Division.

Types of immunizations for children

Immunizations: BCG, DPT-IPV (four-type combination), DT second term, measles and rubella (MR), streptococcus pneumoniae, Hib, Japanese encephalitis, chicken pox, mumps and cervical cancer prevention*

*Because side effects have been reported that have a clear link to vaccines, the cervical cancer prevention vaccine is not recommended.

Institutions: Designated medical institutions in Shinjuku City

Inquiries: Disease Prevention Section, Public Health Promotion and Disease Prevention Division (Shinjuku City Office, New Wing of Annex 2, 1F), Tel: 03-5273-3859 (in Japanese)

URL: www.city.shinjuku.lg.jp/foreign/english/oshirase/teiki/yobo.html



Health Checkups/ Cancer Checkups

Early detection and early treatment are crucial when it comes to lifestyle-related illnesses and diseases, such as cancer. It is wise to confirm your state of health by undergoing periodic health checkups and cancer checkups. Please call the Health Checkup Section of the Health Promotion Division for more information as to the cost, age requirements and application procedures.

Health checkups program: Physical measurements, blood test, urinalysis, and more

Cancer checkups program: Tests for stomach cancer, colon cancer, lung cancer, breast cancer, uterine cancer, and prostate cancer

Checkup institutions: Designated medical institutions in Shinjuku City

Inquiries: Health Checkup Section, Health Promotion Division (Shinjuku City Office, New Wing of Annex 2, 1F), Tel: 03-5273-4207 (in Japanese)

Health checkup website: www.city.shinjuku.lg.jp/foreign/english/oshirase/teiki/kenshin.html

Cancer checkup website: www.city.shinjuku.lg.jp/foreign/english/oshirase/teiki/gankenshin.html



Tests/Consultation for HIV, AIDS and Sexually Transmitted Infections (STIs)



Some STIs have no apparent symptoms, and they can be transmitted to the partner unknowingly. Since early detection and early treatment are crucial, it is wise to undergo consultation and tests if you are concerned. Shinjuku Public Health Center offers confidential consultations and tests free of charge.

HIV Consultation/Tests in Foreign Languages

Languages: English, Thai, Spanish and Portuguese

HIV/AIDS Telephone Consultation, Tel: 03-3369-7110

Consultation days and hours: Thursdays, 1 to 5 p.m. (As a rule, Thai is available twice a month, only on the test days.)

HIV/STI Tests

Test program: HIV or STI (syphilis and chlamydia)

Note: If you are undergoing a test, please come directly to the test site during reception hours. No reservations are necessary.

Test days: As a rule, twice a month, on Thursdays

Note: You will be notified of the results one week after the test; please visit the test site.

Reception hours: 1:30 to 3 p.m.

Test site: Shinjuku Metropolitan Taxation Office 1F (the former Nishi-Shinjuku Public Health Center 1F, 7-5-8 Nishi-Shinjuku, Shinjuku-ku)

URL: www.city.shinjuku.lg.jp/foreign/english/guide/kenko/kenko_8a.html



HIV Consultation/Tests in Japanese

HIV/AIDS Telephone Consultation, Tel: 03-5273-3862 (Health Consultation Section, Public Health Promotion and Disease Prevention Division)

Consultation days and hours: Monday through Friday, 9 a.m. to 5 p.m.

HIV/Sexually Transmitted Illnesses (STI) Tests

The test days and times, program and test site are the same as written above.

Reservations: Please note that reservations are required for the HIV/STI tests in Japanese.

Tel: 03-5273-3859 (Disease Prevention Section, Public Health Promotion and Disease Prevention Division)

The Thirty-Sixth

Grand Shinjuku City Festival

In October, special events and community festivals will be held in various areas in the city. In this issue we spotlight two main events as part of this festival.



Fureai Festa 2015

There will be various performances—such as wind instrument concerts, *taiko* (Japanese drums), jazz, dancing and folk art—on three stages.

There will be something fun for everyone, from children to adults. The attractions include eight plazas with refreshment stands, vendors selling local specialties, a mini-zoo, hands-on corners where you can try dyeing and bookmaking, and a healthcare consultation corner. Please come with your family to enjoy the city's biggest festival!

Date and time: October 18 (Sun.), 10 a.m. to 4 p.m.

Location: Toyama Park, Okubo Area (Okubo 3-chome)

Inquiries: Culture and Tourism Division, Tel: 03-5273-4069 (in Japanese)



Shinjuku Art Heaven 2015

On October 23 (Fri.) and 24 (Sat.), there will be street performances and a fashion event in the Shinjuku Station area.

Inquiries: Shinjuku Convention & Visitors Bureau, Tel: 03-3344-3160 (in Japanese)

(1) Shinjuku Gala Parade

People who love Shinjuku will participate in this parade wearing original fashions and costumes based on the theme of Shinjuku uniqueness. (Advance registration is necessary)

(2) Shinjuku Style Collection

Various stores put on fashion shows.

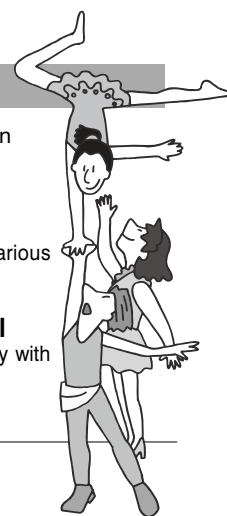
(3) Shinjuku Heaven Artist Festa

This event features street performers and various types of entertainment.

(4) Tokyo International Film Festival

This is a subsidiary event held simultaneously with the main Tokyo International Film Festival.

Location: Shinjuku-dori Avenue and other locations near Shinjuku Station



Have You Applied for the Shinjuku City Temporary Welfare Benefits/ Shinjuku City Temporary Special Benefits for Households with Children?



These benefits are available to residents exempt from resident tax and households raising children to alleviate the financial burden the consumer tax hike introduced in April 2014 caused. Application forms have been sent to eligible residents. If you have not filed your application, please do so as soon as possible.

Application period: Applications must be received no later than February 25 (Thu.), 2016 for both benefits.

Temporary Welfare Benefit

Eligibility: Registered residents of Shinjuku City as of January 1, 2015 who are not assessed the FY2015 special city resident tax (per capita amount)

Note: Dependents of residents who are taxed the per capita amount and residents who receive public financial assistance for everyday living are not eligible for this program.

Benefit amount: ¥6,000 per person

Temporary Special Benefit for Households with Children

Eligibility: Registered residents of Shinjuku City as of May 31, 2015 who received the child allowance for June 2015 (excluding residents who receive a lower benefit because their income exceeds the income restrictions)

Benefit amount: ¥3,000 per applicable child

Caution! Beware of remittance fraud and fraudulent acquisition of personal information involving these programs.

For inquiries about application procedures: **Shinjuku City Temporary Welfare Benefit Call Center, Tel: 0120-78-9292 (toll-free)**

Languages: Japanese, English, Chinese and Korean

Reception period: Until February 29 (Mon.), 2016

Closed on Saturdays, Sundays, national holidays and during year-end/New Year holidays

Hours: 9 a.m. to 5 p.m. (until 7 p.m. on Tuesdays)

Other inquiries (in Japanese): Temporary Welfare Benefit Office

1-4-1 Kabuki-cho (Shinjuku City Office Main Bldg. 6F), Shinjuku-ku 160-8484 Tel: 03-5273-4351, Fax: 03-5273-4366



New Program: Bicycle Rider's Classes

Be Aware: Stricter Penalties in Effect for Bicycle Rules Violations as of June 1, 2015

Let's get to know what constitutes a violation, and follow the rules!

Anyone fourteen years of age or older who commits any of the fourteen violations listed here two or more times within three years—such as ignoring traffic lights, failing to make a complete stop in designated areas—must attend a bicycle rider's class.



Fourteen Types of Violations That Will Land You in Bicycle Rider's Class

○ Ignoring a traffic light



○ Riding under the influence of alcohol



○ Standing inside a railroad crossing when the gates are down



○ Failing to make a complete stop in designated areas



- Entering off-limit zones
- Violating vehicle requirements in pedestrian areas (such as speed violations)
- Traffic violations
- Obstructing pedestrian traffic when riding on the sidewalk
- Violating traffic safety laws at intersections
- Obstructing vehicles with the right-of-way at intersections
- Violating traffic safety laws at loop intersections
- Violating traffic methods when riding on the sidewalk
- Violating traffic safety laws
- Riding a bike that has substandard equipment (such as faulty brakes)

Flow of Bicycle Rider's Class

A bicycle rider displays dangerous behavior **two or more times within three years**

Prefectural Public Safety Commission orders the bicycle rider to attend the class

Attend the class (within three months after receiving the order)
Class time: Three hours
Class fee: ¥5,700

If you do not attend a class despite being ordered to do so, you will be fined up to **¥50,000**.

Inquiries: Traffic Planning Section, Traffic Affairs Division (Shinjuku City Office Main Bldg. 7F), Tel: 03-5273-4265 (in Japanese)



National Census
Please Submit Your Response

Japan will be conducting a national census, with October 1, 2015 as the survey date. The national census is a survey with the goal of clarifying such matters as Japan's population and the condition of households in the country. A lot of information relating to the population can be obtained, and the survey results serve as an important reference for national policies and city planning foundations.

Since residents of Japan (including foreign residents) are required to respond based on the Statistics Act, your cooperation would be deeply appreciated. Please note that the information you include on the survey sheet will be used only for statistical purposes, not for other purposes such as for immigration control and police records.

Response Period and Method

September 21 (Mon.) through October 7 (Wed.), 2015
 Survey staff distributed survey sheets and return envelopes (no postage required) in mid-September. Please complete the survey sheet and submit it by mail.

Concerning households

Four categories, such as the number of people living in one household and the type of housing (such as a family home or rental)

Survey Categories

Concerning household members

Thirteen categories, including gender, date of birth, marital status, employment status, work location/school location

Inquiries
 Shinjuku City National Census Executive Headquarters, Tel: 03-5273-0171 (in Japanese)

Tokyo National Census Dial for Foreign Residents
English: Tel: 03-5320-7892; Chinese: Tel: 03-5320-7893; Korean: Tel: 03-5320-7894
Census period: September 10 through October 16, 2015
 English: Mondays, Wednesdays, Thursdays, Fridays, October 3 (Sat.) and 4 (Sun.)
 Chinese: Mondays, Thursdays and October 3 (Sat.)
 Korean: Tuesdays, Fridays and October 4 (Sun.)
Hours: 9:30 a.m. to noon, and 1 to 5 p.m.

Recruiting Students for Shinjuku City Japanese-Language Class (September through December)

Let's learn basic Japanese for everyday living! If there is an opening, you can start in the middle of the term.

Eligibility: Beginning level: For those who need to learn basic Japanese necessary for everyday living. However, those junior high school age and younger are not permitted to join the class.

Date and time: Weekdays, September through December 2015. There are classes that meet once a week and those that meet twice a week. Schedules vary depending on the class location. Class hours are 9:30 to 11:30 a.m. and 6:30 to 8:30 p.m. (Evening classes are on Mondays and Thursdays only.)

Location: 10 locations in the city, including Shinjuku Multicultural Plaza

Fee: Classes that meet once a week—¥2,000; classes that meet twice a week—¥4,000

Website: www.regasu-shinjuku.or.jp/?p=273#sjc
E-mail: sjc@regasu-shinjuku.or.jp

Application/inquiries: Regional Exchange Division, the Shinjuku Foundation for Creation of Future (inside Shinjuku Cosmic Center), 3-1-2 Okubo, Shinjuku-ku 169-0072

Tel: 03-3232-5121, Fax: 03-3209-1833

Note: Students for January through March classes will be recruited starting in early December.

