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Also available via the Internet!



☐ http:// www.foreign. city.shinjuku. lg.jp/en/

Let's Reduce ond Loss

> One-third of all food produced in the world is thrown away.

A total of 1.3 billion tons of still-edible food is thrown away around the world every year.



Japan throws away about six million tons of food per year*. *Estimated figure as of FY2018



million tons/year

This means each person in Japan throws away a rice bowl full of food every day!

One bowlful/day

What is food loss, exactly?

This term refers to still-edible food that is thrown away, in the form of leftovers and excessive elimination (i.e., throwing away parts that are edible). That also includes unopened and unused foods that are thrown away.

Why should we reduce food loss?

To protect the environment

Food that is thrown away is handled as combustible garbage. The resulting CO₂ emissions and the ashes that remain after incineration destined for landfill are heavy burdens on the environment.

To eliminate financial waste

While Japan relies heavily on imports for food, much of the food is thrown

Things we can do to reduce food loss

Buy Order . . . only what we can finish eating

Make

Peel vegetables and fruits as thinly as possible. Prepare meals with foods that you have on hand.



Buy

Check your refrigerator for foods that you have on hand.



Order

When you eat out, order half-size dishes or menu items that come in small portions.



With the cooperation of city residents and businesses, Shinjuku City is working on programs to reduce food loss. \Rightarrow | See page 2.



The next issue of Shinjuku News will be published in November 2021. Shinjuku News is available at various public facilities, including the Shinjuku City Office, Shinjuku Multicultural Plaza, Branch Offices and public libraries.

Shinjuku City Programs to Reduce Food Loss



Food sharing service

Tabete is a food-sharing service/ app that is spreading across Japan. Food sharing is a service that delivers merchandise to consumers that food



and beverage outlets would otherwise throw away.

* Shinjuku City has signed a food loss reduction promotion cooperative agreement with CoCooking Co. Ltd., which operates Tabete.

> For more information on Tabete:



https://tabete.me/

★ Let's use food sharing and food drives to reduce food loss



Food drives are programs to collect and donate excess food supplies from your pantry to community welfare groups and facilities.

> For information on how to donate:

http://www.shinjuku-rc. org/shinjuku/26.html



Inquiries for programs 1 and 2 above: Waste Reduction and Recycling Division, Tel: 03-5273-3318 (in Japanese)

Let's Register in the Shinjuku Eco-Pride Point Program



Eco Gallery Shinjuku mascot Eco Oji (Eco Prince)

To reduce garbage, Shinjuku City operates a program called Shinjuku Eco-Pride Point. Why not earn points while doing something good for the environment?

WhatareShinjukuEco-PridePoints?

You can earn these points by doing something good for the environment, such as using your own shopping bag when grocery shopping, or reducing the amount of electricity you use at home.

You can exchange the points you accumulate for environmentally friendly gifts.



The top point earner will win a prize.

What are some environmentally friendlypoint-earning thingsweemdo?



Reducing the amount of electricity we use at home



Cooperating in 'regi-" shopping bag-reduction programs



Participating in environmentalawareness classes at recycling centers or the Environmental Studies and Information Center, and more.

Howcan

Stepsion 1

Go to any of the following locations and complete the application form:

- 1. Shinjuku Recycling Center
- 2. Nishi-Waseda Recycling Center
- 3. Environmental Studies and Information Center
- 4. Waste Reduction Planning Section, **Waste Reduction and Recycling Division, Shinjuku City Office**

If you'd like to learn more about the Shinjuku Eco-Pride Point program,

please scan here.



Municipal Elementary and Junior High School Enrollment in April 2022

Elementary school first-graders

Children born between April 2, 2015 and April 1, 2016

First-year students in junior high school

Children born between April 2, 2009 and April 1, 2010



If you are a foreign resident with a child about to enter a municipal elementary or junior high school, you must file an application for enrollment. If your child is currently attending a municipal elementary school, you must apply again when it is time for him/her to attend a municipal junior high school.

Reception location: School Management Support Section, School Management Division, Board of Education Secretariat (Shinjuku City Office Annex 1, 4F)

Hours: 8:30 a.m. to 5 p.m. (closed on Saturdays, Sundays, national holidays and during the year-end/New Year's holidays)

Required documents: Residence card or special permanent resident certificate of the child requiring admission and his/her parent/guardian.

Note: Although admission applications are accepted on an ongoing basis, please apply during the application periods for school selection or change to designated school as stated below if at all possible.



School selection system (junior high school)

Shinjuku City has a program that allows new first-year junior high school students to select a school outside of their assigned school district. If you would like to enroll your child in a junior high school outside of his/her assigned school district, please complete a school selection application form and either mail it or bring it in person to the School Management Division. The application form is available at the admission application service counter. If certain schools receive a large number of applications, a lottery will be conducted to determine which students are accepted.

Application period

School selection for junior high schools September 22 (Wed.) through October 22 (Fri.), 2021

Change to designated school program (elementary school)

If special circumstances prevent your child from commuting to and from the school of the assigned school district, you can request to change schools through the change to designated school program. For more information, please ask the School Management Division.

Application period

Change to designated school (first time) September 1 (Wed.) through September 30 (Thu.), 2021

Notes:

- 1. Schools are open to the public on certain days so that you can see what a particular school is like. Each school is open to the public on designated days, so please call the school you're interested in to ask about its schedule and obtain more information.
- 2. Designated procedures are also required for those other than students entering first grade/the first year of junior high who wish to transfer to a municipal elementary school or junior high school. For more information, please ask the School Management Division.

Inquiries: School Management Division, Board of Education Secretariat (Shinjuku City Office Annex 1, 4F), Tel: 03-5273-3089 (in Japanese)

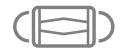
Please Practice Countermeasures to Prevent COVID-19's Spread and Heatstroke

Practice preventive measures carefully in your everyday life













2. Wearing a mask increases the risk of heatstroke

Tips for preventing heatstroke

Drink fluids frequently



Use air conditioners and electric fans wisely



Maintain a healthy rhythm in your everyday life, such as by getting enough sleep

Fight off the heat by wearing light, cool clothes and using a parasol or hat





Shinjuku Shi- Honey

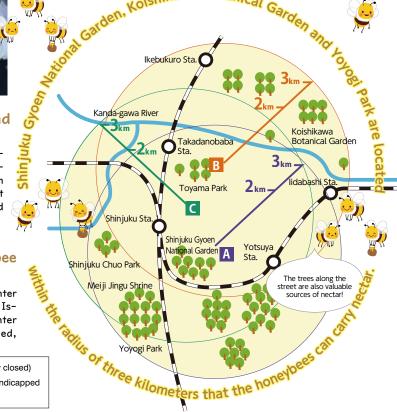
While honey has the strong image of being produced in the great outdoors, it's also being harvested right in the heart of Shinjuku! In this issue, we'll introduce Shinjuku Shi-Q Honey, which is produced by people working at employment support facilities for the disabled.



About 20,000 honeybees live in one box!

Two hundred thousand bees

There are about 200,000 European honeybees in 10 beekeeping boxes. The honeybee farm employees were able to harvest 125 kg of honey last year, and are aiming for 200 kg this year!





Left: Shinjuku Shi-Q Honey; Right: Shinjuku Shi-Q Comb Honey

Taste the seasons through honey

Shinjuku Shi-Q Honey is made from the nector of various flowers that grow during different seasons. You can enjoy a different flavor of honey depending on when the "harvesting" is done.

Main sources of nectar: Cherry blossoms, roses, and tulips.

> We all pour our hearts into our work!

Where are these honeybee farms?

They're in Shinjuku Welfare Center for the Handicapped, Park City Isetan II, and Yotsuya Kumin Center (the latter is temporarily closed, however).

- A Yotsuya Kumin Center (temporarily closed)
- B Shinjuku Welfare Center for the Handicapped
- C Park City Isetan II





The condition of each honeybee is carefully assessed

Shinju-Quality* began the Honeybee Project in 2019 as one of its programs. Through beekeeping and sales of the honey, this project helps disabled people develop the ability to work and promotes friendly exchanges with community residents.

The workers are involved in the entire process, from beekeeping to extracting the honey, bottling it and labeling the jars. This motivates them and gives them self-confidence.

* A network of employment support facilities where people with physical, mental and/or psychological disabilities can work.



Shinjuku Shi-Q Honey staff



'Our children [the honeybees] are so cute!" Tamura says enthusiastically

For more information on Shinjuku Shi-Q Honey, including where you can purchase it: (http://www.sksc.or.jp/shinjuQuality/mitubati.html)
Inquiries: Shinjuku Labor Support Center, Tel: 03-5273-3852 (in Japanese)

